

Dr Cooper: So, Christina, do you know what? I'm really **worried about** my vacation.

Christina: Why are you **worried about** it?

Dr Cooper: I'm **worried about** it because I don't want it to **pass by** and not to **take advantage of** it.

Christina: Well, I think you should try and **take advantage of** it **as much as** you can, because it won't **last** long.

Dr Cooper: That's exactly right. It won't **last** long. So, I feel pressure. I need to **take advantage of** it and there are things I need to do. I know I should relax, but I also need to do certain things.

Christina: Do you **plan on** doing anything specific?

Dr Cooper: Well, I definitely want to **work out** to have the best body I've had **in a long time**.

Christina: Yeah. I think **as soon as** your vacation starts, you need to start working out.

Dr Cooper: I **already** work out.

Christina: I mean, I mean **work out** more!

Dr Cooper: But I also want to... The two most important **goals** I have are: 1. Remember how to relax, because I think I'm **addicted to** being on the internet screen.

Christina: Yeah. I'll **remind** you about it.

Dr Cooper: So, I want to remember how to relax and to enjoy real life and not the computer screen. And then the second thing I want to do is I want my mind to be fresh again. So, I have some clear ideas because I really want to record a lot of videos.

Christina: I think that's a good plan. And after that, after those days, you'll be feeling **much better**.