

Dr Cooper: Hi guys. A lot of times I complain to myself and maybe to you too about not having a lot of time because I work so hard and I work so hard because I really want English by Dr Cooper to be a success. I want to change the way people think about learning a language, especially people who really want to learn and are ready to learn and just don't have the right methodology or the right attitude. So, my business is important to me and I work very hard at it, but I always feel bad that I don't have enough extra time. And I find it funny because I have a friend and I talked to him the other day and he said that he doesn't know what to do with his life, everything seems boring. There's nothing that interests him. And since I've talked to him, I started to think how different that is from me. I'm somebody who I have too many things I want to do. Even if I wasn't working, I wouldn't have enough time to do all of them. So I thought I would talk today about all the things I would do if I had the time.

So, the first thing I would do is I would relax a whole day. What I mean by that is I wouldn't feel any pressure to do anything and I would have several days like this every week where I didn't feel pressure to do anything. Because I think when you don't feel pressure, you start to notice the world more. You start- like when you were a kid and you would look up into the sky, or you could listen to the silence and hear it. When I was a kid, I remember that sometimes I would just listen to the silence or other times I would listen to other sounds like the sound of cars on the road, or birds, or just the humming sound in summer of the air, of the hot air. I don't do any of that anymore because my mind is always filled with worries and thoughts and responsibilities. But if I had more time I would like to do that and I'd also like to sort of ... I remember how I would get lost counting the number of bricks in a wall. It might seem silly, but being lost in the world and noticing things, for me, whether it's smells or sights or sounds, that's one thing I would do if I had more time, but there are other things.

If I had more time, I would be practicing a lot of the things that I ask you guys to do in terms of language. I would improve my Greek, I would become fluent in Italian and I would eventually start to learn French and German. And I would do these things regularly and I'm sure it would give me a lot of pleasure, the learning of languages, besides helping me to understand more and more the process of language learning. I would also write. I have a strong desire to write about the problems of learning language, to put together all the strategies I talked to you about and all the philosophies I talked to you about, in a book. To really, first of all, to really explain to people what's happening wrong in language, to demystify language and explain what it takes to learn well. It's not impossible, it's easy. I'd like to write about that, but I'd also like to write fiction. I used to write fiction all the time and I think that I'm a very good creative writer and I feel bad that so many years have passed since I've written anything, I finished any story. So I would really like to write fiction again, to discover my own style of writing and to rediscover it or discover what it is now.

There's so many different kinds of things I'd like to write because I'd also like to write a lot about society and the ideas I have that I don't think other people have, or the unique ideas I have about society and my observations I'd like to write about. I'd also like to write about my life since I've had such an unusual one. And obviously I'd like to write books that explain language learning in different ways. So, not just what I said before, but also books that actually teach language. So, there's so many different things I'd like

to write and that I want to write right now, but I just don't have the time. Also, if I had more time, I would right away start getting into the kind of shape I used to be, because I miss it. A lot of people might say that they think that I'm in good shape right now, but in the past I really tried my hardest to be in the best shape I could be physically. And I don't have the time now to do it. I don't have the time to be the kind of person that I see myself as, to run fast, to be strong and to have the best body I can have too. So, I would definitely be working out like I used to, like I've done for most of my life until English by Dr Cooper started.

But I would do something else that I've really wanted to do for a long time and that is play sports. I used to play sports a lot and now I don't at all. I think sports are really fun. They're a challenge and- but they're fun. But besides everything else, it's fun to play games. And I especially like games. There's so many games I would play. One challenge would be to play tennis. When I was a kid I played tennis really well, when I was very young, six, seven, eight, nine, and even later I played well, but now I can't play, and it would be a challenge for me to learn how to play like I used to. It would be fun. And also when I used to play tennis, I used to have this psychological barrier. I wouldn't want to defeat other people, but I don't like people to lose. I don't like to beat people. It makes me feel sad for them, sorry for them. But I think it'd be different now because I would try to find opponents who I didn't like. Opponents who represented everything in society that I don't like. Bankers, journalists, I'd try to find them all and I would only want to beat them. I'm curious what it would be like to play people who you really didn't like. I'm curious if I could finally try to win.

And I'd also play golf more, which I love. I always found it very relaxing and I've never really tried seeing what it would be like if I played regularly, how good I could get. So I'd like to see if I could become a good golfer. If I had more time, I'd definitely get at least two dogs. I'd play with them and become friends with them and I'd spend a lot of time with them. I really regret that I don't have the time now to raise a dog because I think when you have a puppy you have to spend a lot of time with that puppy. And I'd like to raise a dog, I believe that dogs are better than people. And I'd like to be around pure spirits to make me a better person, to make me a better animal. If I had more time I would like to go back to New Zealand, see the places I went to when I was a child. And I'm very curious about seeing people I haven't seen for so many years, but also about how things have changed in New Zealand and if I could see any of those changes. I'm so curious about it, but I would need to go for a long time, for three weeks or six weeks, to really get an idea, to really become lost in New Zealand. I would go to a pub and I would meet the people and I'd start to go to the pub regularly every night to meet them and to get to know them better.

There are other places I'd like to go to. I wish I could go spend time in Brazil without working and worrying about English by Dr Cooper, but just seeing all the people that I love there and also see my students too. And I'd love to spend time in Brazil again, but I don't have the time. Even when I do go back to Brazil next, I won't have the time to do all the things I want.

I read books even now. I've been able to make my schedule good enough to make enough time to continue to read, but I don't read nearly as much as I'd like to. I'd like to

read like they did in the old days, a book every week. And I'd like to sit in front of the fire, which I don't have in this house, and read books. Look into the fire, I love looking into the fire. Look into the fire as I read the book, my dog friends next to me, Christina, reading a book too. I'd like the more quiet life like that. And that brings me to maybe the most important thing I would do if I had more time, probably. I realized that the thing that makes me most happy is being away from cars, from streets, being in nature. I've always loved it. I've never done it as much as I want to and I think if I had the time, I would spend a lot of time outside with my dogs, bring a book along with me and I would just be in the sun and walking around on the grass looking at the sky, looking at the birds and animals. This makes me very peaceful.

Right now, I don't have much free time every day and that free time gets divided into. I'm so tired sometimes, I lose all the free time I have trying to wake up or trying to give myself energy. So if I had all that free time, I'd be able to have energy to go out and be in the world. I think it would make me very happy. And to finish it off, I'd like to learn to sing better because I think I have a potential to be a good singer and I think I would really like to practice and put energy into being the best singer I could. Then I would make even more videos and I would like to learn to dance. I'm not sure at all that I have any talent as a dancer, but I would do the best I could to learn to dance in my style. Just to practice, maybe get some tips, but to be honest with you, we don't become really great at anything unless we have the time to learn it for ourselves rather than follow instructions. So, I would like to teach myself to sing better, maybe get a few tips and to learn to dance.

Now, I'm going to say one thing to finish. One thing I wouldn't do, is I wouldn't try to learn to play a musical instrument. And it's not because I don't want to learn to play a musical instrument, it's because I know I can't do it. I have no manual dexterity. My fingers don't work. So, I think it would be pretty difficult to play a musical instrument and I wouldn't waste my time doing that, I'd rather spend time with Christina and the dogs, definitely. I didn't say this, but I'd like to make Christina happier because sometimes I feel like I just don't have time. And my parents, and my brothers and my friends, I feel like I just don't have enough time to give to them. So I think it would be fun to spend time with them, get to know them, make my friendships deeper, make my relationships more meaningful.

Anyway, that might seem a little bit corny to you, but that's how I would spend my time if I had more time, and I'm going to have more time one day, and I'm working hard for that and I'm going to do all these things, it's just a question of when. Okay, you guys, so don't feel like there's nothing to do or you have no reason to live. That's unfortunately how some people feel, because there's so many different things to explore. I would love to have three lives to do them all in. Tchou pessoal.